



Mary  
Marshall

**EAT, LEARN, LIVE**

Certified Health Coach, Educator & Concierge

# Complimentary “Circle the Tree” Coaching Session



If you have a personal, health, or life issue that  
seems to have you stuck or frustrated...

I would love to give you some time and show you  
a method that you can use to help move forward.



Take advantage of a full (up to 60 minute) coaching session where I  
will use a set of questions designed to help you see the bigger  
picture (🌳**circling up the tree**🌳) of your issue as well as  
(🌳**moving down the tree**🌳) to gain a sense of what action needs to  
be done and what accountability you have in that.

This session is structured but flexible and fun and we can  
move through it quite smoothly.



**Schedule Here:**

[https://marymarshallcomplimenta  
ryreview.as.me/](https://marymarshallcomplimentaryreview.as.me/)

If you do not see a time that works  
for you, please email me at  
✉️ **mary@eat-learn-live.com** a few  
dates/times that work and I will try  
to accommodate you so that you can  
take advantage your gift. 🎁

